



## VALLEY ROVERS CAMOGIE CLUB FIRST AID POLICY



Valley Rovers Camogie Club is a sporting organisation which aims to ensure that young people and children who play our games receive the best possible care, attention and protection while participating in Camogie.

A First aid Policy is in operation.

The aim of this policy is:

- To provide and administer effective first aid for players in a timely manner.
- To provide care and support to all players who may be affected by injuries or illness as a result of playing camogie
- To provide a healthy and safe environment within the club to prevent, where possible, potential dangers or accidents.
- To inform/communicate with parents/guardians on their children's injury.
- Request that all parent/guardians inform the girl's relevant management team of any existing medical conditions or allergies.
- All managers, trainers, helpers, parent/guardians must read and understand this First Aid Policy and Procedures.

### PROCEDURES:

In the event of an incident/accident the team's designated First Aid Team member will be the first point of contact who will:

- i. Give immediate help, seeking further medical assistance if necessary
- ii. Attend to the player to the best of their ability in the safest way possible.
- iii. Call 999/112 in case of a severe emergency.

## **General First Aid**

Parent/guardian's should inform the club on the registration form of any pre-existing relevant medical condition pertaining to their camogie player.

The club will then provide the appropriate team managers with a list of players who are known to be asthmatic, diabetic, epileptic, have allergies or have any other serious medical conditions.

There should be one member on each team who has completed a First Aid training course. Other trainers should familiarise themselves with the First Aid procedures and ensure they know who is on the First Aid Team. A first aider should also be available at every training session, if for some reason the named first aider cannot attend they should ensure another first aider is available to provide cover and then inform the manager.

The designated first aid person should be aware of specific medical details of individual players under their direct care or supervision.

### **In the case of an incident requiring First Aid:**

- The First Aider should request for help from another adult to remain with the other players when he/she attends to the situation.
- In the event of a serious injury the First Aider should not attempt to move an injured individual until professional help arrives
- The Team manager will inform the parent/guardian immediately of any injury if they are not present .
- Where hospital treatment is recommended the manager must inform the parent/guardian by phoning them on their mobile's.
- Where the injury requires emergency treatment, an ambulance will be called; following which the manager will contact the parent/guardian. A management team member will accompany the player to hospital if no family member is present and remain with the player until her parent/guardian arrives
- After any initial treatment of an injury the parent/guardian should be advised to bring the player to seek further medical assessment if the parent/guardian deems necessary.

- The manager will follow up on the progress of the player by phoning the parent/guardian.
  
- **The First Aid Kit** must:
  - i. Be clearly marked .
  - ii. Be checked on a monthly basis to ensure that the contents are complete and in date.
  - iii. Be under the custody and responsibility of the team First Aider

A log must be kept of all incidents/injuries and an incident report completed. On completion this report should be sent to the Club Secretary for filing.

If the first aider advises the player to leave the pitch due to incident or injury parents are not permitted to instruct the player to rejoin the training/match. They are not allowed to overrule the first aiders recommendation under any circumstances.

The team manager must take the advice of the first aider on board before he/she decides to allow the player to resume playing/training.

If a player sustains an injury while playing camogie that requires admission to hospital or surgery as a result of this injury a medical certificate is required to be produced before this player will be allowed train/play camogie at Valley Rovers Camogie Club. This certificate should be submitted to the club secretary. Under no circumstances can this rule be ignored.